INTRODUCING

HQ2

Building COMMUNITY WELLNESS

PREVENTION • RECOVERY •
EDUCATION • COMMUNITY SUPPORT



Creating a Safe Environment and Healthy People. ~ HQ2 HEURISTIC QUEST HEADQUARTERS

FUNDING PROVIDED WHOLE OR IN PART BY IDHS ILLINOIS DEPARTMENT OF HUMAN SERVICES

Serving Chicago's South Side

SINCE 2003

Connect WITH US

1222 W. 95th Street
Chicago, IL 60643

773-238-5555

heuristic.health

SCAN TO LEARN MORE!

Follow us on social media!

BY APPOINTMENT ONLY

Most Insurances/Medicad Accepted

WHY HQ2?

Creating Safe Environments & Healthy People

HQ2 serves as the community outreach, prevention, and engagement division working alongside Heuristic Healing, Inc. We are committed to empowering individuals, families, and communities through education, prevention, support, and access to resources that promote lasting wellness.

THROUGH HQ2, WE HELP COMMUNITIES:

- Access Prevention Programs
- Connect with Community Resources
- Receive Recovery Support Services
- Navigate Behavioral Health Resources
- Build Stronger Family Connections
- Develop Healthy Coping Skills
- Foster Community Partnerships
- Promote Education & Awareness

OUR IMPACT

We believe every individual deserves the opportunity to thrive in a safe, supportive, and healthy environment. Through outreach, education, and collaboration, HQ2 works to strengthen communities and create pathways toward healing, hope, and opportunity.

WHO ARE WE?

HQ2 is the nonprofit outreach and prevention division working alongside Heuristic Healing, Inc.

We connect individuals, families, and communities

with education, prevention services, support, and pathways to care.



OUR MISSION

To inspire hope, promote wellness, and empower individuals and communities to thrive.

PREVENTION

Promoting healthy choices and reducing risk before it starts.

RECOVERY

Supporting healing, resilience, and long-term wellness.

COMMUNITY SUPPORT

Strengthening and empowering communities.

We are here. We care. We can help.

WHAT WE OFFER

At HQ2, we provide compassionate, evidence-informed programs and services that empower individuals, strengthen families, and build healthier communities.

OUR SERVICES

BEHAVIORAL HEALTH SERVICES

Individual, family, and group counseling designed to support mental wellness, personal growth, and emotional well-being.

FAMILY SUPPORT SERVICES

Helping strengthen families through education, resources, parenting support, and access to community-based services.

COMMUNITY OUTREACH & ENGAGEMENT

Building partnerships and connecting with community members to create positive change through advocacy, education, and outreach.

PREVENTION & EDUCATION

Programs, workshops, and community initiatives that promote healthy choices, increase awareness, and reduce risk before problems begin.

RECOVERY & WELLNESS

Individual, family, and group counseling designed to support mental wellness, personal growth, and emotional well-being.

REFERRAL & RESOURCE NAVIGATION

Connecting individuals and families with the services, programs, and resources they need to thrive and achieve their goals.

Feel Better. Do Better. Be Better.

LEADERSHIP & VISION



Dr. Paulette R. Eason-Williams

PHD • LCPC • CADC

Dr. Eason-Williams has dedicated her career to empowering individuals, strengthening families, and improving communities through behavioral health services, prevention initiatives, education, advocacy, and community engagement.

President – Heuristic Healing, Inc.
Executive Director – HQ2
Author • CEU Sponsor • Community Advocate

OUR VISION

"Our vision is to create a spiritually, physically, emotionally, and mentally safe environment of self-aware individuals, educated about themselves and their choices, so they may become happier, healthier, and more prosperous."

SCAN ME

SCAN TO DONATE

Make a Difference Today

Scan the QR code to make a secure online donation and help support our mission.